

Lec 3

Control of GFR & Renal Blood flow

- GFR & RBF help maintain homeostasis, so they must be regulated ... there are 2 mechanisms: Neurohumoral (extrinsic)
Local (intrinsic)

Neurohumoral

- includes nervous & endocrine system
- Response to each regulator depends on type & density of receptors ... I will say if the receptors are more dense in afferent or efferent.

Sympathetic nervous system / catecholamines

- Kidneys only supplied by **Sympathetic** that produce catecholamines like epinephrine & norepinephrine → **Vasoconstrictors**
- work on **adrenergic Receptors** mainly in **afferent** arteriole
- caused by strong sympathetic stimulation → hemorrhage, or danger
- **↓ RBF, ↓ GFR**

Angiotensin II

- most important **vasoconstrictor** ... on **efferent**
- hypotension → renin produced by juxtaglomerular cells → angiotensinogen to angiotensin I → Angiotensin II by ACE
- prevents ↓ in GFR ... so it brings GFR back to normal when there is hypotension
- **↑ GFR**
- Prevents low BP & GFR, so problem w/ AT II leads to

hypertension

Prostaglandins

- local vasodilator on afferent
- \uparrow hydrostatic pressure, \uparrow GFR & RBF

Endothelial derived Nitric oxide (NO)

- local vasodilator of afferent, produced by juxtaglomerular cells & endothelial
- \uparrow GFR & RBF

Endothelin

- harmful local vasoconstrictor on afferent
- \downarrow GFR & RBF

* of all 5, only ATII works on efferent

Local Control (Intrinsic)

- Autoregulation of GFR & RBF automatically in kidney w/out nervous or endocrine control

* more important than extrinsic

Myogenic Mechanism (Autoregulation)

- \uparrow arterial pressure stretches vascular walls \rightarrow Ca^{2+} goes from extracellular space into cell \rightarrow smooth muscle cells contract \rightarrow \uparrow resistance \rightarrow prevents excessive \uparrow in RBF & GFR

* Resists Stretch

Macula Densa Feedback (tubuloglomerular feedback) (Autoregulation)

- Senses change in NaCl concentration & ensures constant delivery of NaCl to distal tubule, & prevents spurious fluctuations

* different affect on afferent

- \uparrow GFR means more NaCl filtered ... NaCl goes to distal tubules, then to macula densa

- macula densa sends feedback (cross talk) to juxtaglomerular cells to \downarrow NO on afferent arterials, so GFR & RBF are reduced back to normal

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- \downarrow GFR \rightarrow less filtered NaCl \rightarrow crosstalk btwn macula & juxtaglomerular cells to \uparrow Renin \rightarrow constriction of efferent \rightarrow GFR \uparrow back to normal

notes

function of the 2 autoregulation systems is to maintain normal GFR & RBF despite changes in BP

to maintain O₂ & nutrient distribution & release waste & for precise control of H₂O excretion & solutes

So changes in Renal Arterial pressure causes sudden & temporary changes to GFR & RBF, then they go back to normal

Angiotensin II

- contributes to GFR but not RBF autoregulation

- prevents drop of GFR

- some drugs inhibit ATII synthesis or ATII receptor binding, which severely affects RBF & GFR

Other factors affecting GFR

- fever / pyrogen, High protein diet, glucocorticoids, hyperglycemia

↳ ↑ GFR

- Aging & low protein diet → ↓ GFR

Importance of autoregulation

If arterial pressure is normal

GFR = 125 , reabsorption = 124 , urine = 1 mL

If ↑ Arterial Pressure / poor autoregulation & constant

Reabsorption

GFR = 150 , Reabsorption = 124 , urine = 26 ml

If ↑ Arterial pressure / good autoregulation & constant

Reabsorption

GFR = 130 , Reabsorption = 124 , urine = 5 ml

↑ AP / good autoregulation & adaptive tubular reabsorption

GFR = 130 , Reabsorption = 128.8 , urine = 1.2