Drugs used in Thromboembolic Disease II

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Oral Anticoagulant Drugs

- Spoiled sweet clover caused hemorrhage in cattle(1930s).
- Substance identified as bishydroxycoumarin.
- Initially used as rodenticides, still used and is very effective, more than strychnine.
- Warfarin was introduced as an antithrombotic agent in the 1950s.

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Oral Anticoagulant Drugs • <u>Warfarin:</u>

- Is one of the most commonly prescribed drugs, actually it is *underprescribed*.
- 100% bioavailability, peaks after one hour.
- 99% bound to plasma proteins, leading to small volume of distribution and long half life(36hr). Does not cross BBB, but crosses the placenta.
 Hydroxylated in the liver.
 Present in two enantiomorphs.

Oral Anticoagulant Drugs Mechanism of Action:

- Act in the liver, not in the circulation. Structure is similar to vitamin K.
- Block the Y-carboxylation which is a final synthetic step that transforms a common precursor into various factors: prothrombin, VII, IX, and X as well as the endogenous anticoagulant proteins C and S.

• This blockade results in incomplete coagulation factor molecules that are Noy-21 Munir Gharaibeh, MD, PhD, MHPE biologically inactive.

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Oral Anticoagulant Drugs Mechanism of Action:

- The protein carboxylation reaction is coupled to the oxidation of vitamin K.
 The vitamin must then be reduced to reactivate it.
- Therefore, warfarin prevents reductive metabolism of the inactive vitamin K epoxide back to its active hydroquinone form.



Source: Katzung BG, Masters SB, Trevor AJ: Basic & Clinical Pharmacology, 12th edition: www.mcgessmedicine.com Munir Gharaibeh, MD, PhD, MHPE 8

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Onset of Action:

- Time to maximal effect depends on factor degradation half-lives in the circulation. VII=6, IX=24, X= 40 and II=60 hrs.
- Action starts after about 48 hrs, i.e. after elimination of most of the factors in the circulation. So, do not increase the dose.
- Effect results from a balance between partially inhibited synthesis and unaltered degradation of the four vitamin K dependent clotting factors.

- Administration and Dosage:
- Treatment is initiated with small doses of 5-10mg, not large loading doses.
- Warfarin resistance is seen in cancer patients.
- Response monitored by Prothrombin Time.
- International Normalized Ratio (INR)=
 Patient PT/ Mean of normal PT for the lab.

Toxicity:

- Bleeding.
- Teratogenicity.
- Cutaneous necrosis, infarction of breast, fatty tissues, intestine and extremities. This is due to inhibition of Protein C and S, especially in patients genetically deficient in them.



TABLE 34-2 Pharmacokinetic and pharmacodynamic drug and body interactions with oral anticoagulants.

Increased Prothrombin Time		Decreased Prothrombin Time	
Pharmacokinetic	Pharmacodynamic	Pharmacokinetic	Pharmacodynamic
Amiodarone	Drugs	Barbiturates	Drugs
Cimetidine	Aspirin (high doses)	Cholestyramine	Diuretics
Disulfiram	Cephalosporins, third-generation	Rifampin	Vitamin K
Metronidazole ¹	Heparin		Body factors
Fluconazole ¹	Body factors		Hereditary resistance
Phenylbutazone ¹	Hepatic disease		Hypothyroidism
Sulfinpyrazone ¹	Hyperthyroidism		201 N / W / W / W / W //
Trimethoprim-sulfamethoxazole	Munic Charaibah		10

<u>Reversal of Action:</u>

- Vitamin K.
- Fresh-frozen plasma.
- Prothrombin complex concentrates.
- Recombinant factor VII.

Fibrinolytic Agnets

 These drugs rapidly lyse thrombi by catalyzing the formation of the serine protease Plasmin from its precursor zymogen, Plasminogen.

They create a generalized lytic state.
Aspirin will be still required.



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Fibrinolytic Agents

Streptokinase:

- Protein synthesized by Streptococcus.
- Binds with the proactivator plasminogen
 - in plasma to activate it.
- Not fibrin specific \rightarrow Bleeding.
- Highly antigenic :
 - Can cause allergic reactions .
 - This can result in inactivation of the drug.
- Early administration is important.

Fibrinolytic Agents

<u>Urokinase:</u>

- Is a human enzyme synthesized by the kidneys.
- Directly converts plasminogen into plasmin.
- Not antigenic.
- Expensive.

Fibrinolytic Agents

<u>Anistreplase (Anisoylated Plasminogen</u> <u>Streptokinase Activator Complex, ASPAC):</u>

- More active and selective.
- Deacylated at fibrin surface → Active complex released.
- Long action, $t^{1/2} \rightarrow 6h$

Fibrinolytic Agnets

• <u>Tissue-type Plasminogen Activators (t-PA)</u>:

Ateplase Reteplase. Tenecteplase

- Synthesized by the endothelial cells, also recombinant.
- Bind to fibrin and activate plasminogen at the fibrin surface.
- Action less affected by age of thrombus.
- Specific action within the thrombus, avoids systemic activation.
- Short action $t^{1/2} = 8$ min.
- Given by infusion over 1-3 hours.
- Very Expensive.

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Fibrinolytic Agnets

Indications:

- Pulmonary embolism with hemodynamic instability.
- Deep venous thrombosis.
- Ascending thrombophlebitis.
- Acute myocardial infarction.

Antiplatelet Drugs Types of Platelet Regulators: Agents generated outside platelets which interact with membrane receptors: Catecholamines, collagen, thrombin, and prostacyclin. • Agents generated inside and interact with membrane receptors: ADP, PGD2, PGE2 and serotonin. Agents generated within and interact within platelets: TXA₂, cAMP, cGMP and calcium. Munir Gharaibeh, MD, PhD, MHPE Nov-21 21

 Platelet adhesion and aggregation
 GPIa/IIa and GPIb are platelet receptors that bind to collagen and von Willebrand factor (vWF), causing platelets to adhere to the subendothelium of a damaged blood vessel.

 P2Y1 and P2Y12 are receptors for ADP. When stimulated by agonists, these receptors activate the fibrinogen-binding protein GPIIb/IIIa and cyclooxygenase-1 (COX-1) to promote platelet aggregation and secretion.

Platelet adhesion and aggregation

- PAR1 and PAR4 are protease-activated receptors that respond to thrombin (IIa).
- Thromboxane A2 (TxA2) is the major product of COX-1 involved in platelet activation.
- Prostaglandin I2(prostacyclin, PGI2), synthesized by endothelial cells, inhibits platelet activation



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Sites of action of antiplatelet drugs.
 Aspirin inhibits thromboxane A2(TXA2) synthesis by irreversibly acetylating cyclooxygenase-1 (COX-1). Reduced TXA2 release attenuates platelet activation and recruitment to the site of vascular injury.

 Ticlopidine, clopidogrel, and prasugrel irreversibly block P2Y12, a key ADP receptor on the platelet surface; cangrelor and ticagrelor are reversible inhibitors of P2Y12. Sites of action of antiplatelet drugs.
 Abciximab, eptifibatide, and tirofiban Block fibrinogen and von Willebrand factor (vWF) from binding to activated glycoprotein (GP) IIb/IIIa.

 Zontivity inhibit thrombin-mediated platelet activation by targeting proteaseactivated receptor-1 (PAR-1), the major thrombin receptor on platelets.

<u>Aspirin = Acetyl Salicylic Acid</u>

• Causes irreversible acetylation of COX in platelets.

Platelets do not have DNA or RNA, so aspirin causes permanent inhibition of platelets' COX (half-life 7-10 days).

Endothelium can synthesize new COX, so PGI2 production is not affected.

• Dose: 80 — 325 mg.

- <u>Clopidogrel (Plavix).</u>
- <u>Ticlopidine (Ticlid).</u>
 - Irreversibly block ADP receptors on platelets.
 - Useful in TIAs, completed stroke, unstable angina and after placement of coronary stents.
 - Useful for patients who cannot tolerate aspirin.
 - Can cause leukopenia, GI irritation and skin rash.

Abciximab.

Monoclonal antibody

<u>Eptifibatide.</u>

Synthetic peptide.

Tirofiban.

• All inhibit the platelet glycoprotein IIb/IIIa complex, which works as a receptor mainly for fibrinogen and vitronectin as well as for fibronectin and von Willebrand factor.

Dipyridamole

<u>Cilostazole</u>

Also work as vasodilators. Work by inhibiting adenosine uptake and phosphodiesterase enzyme $\rightarrow\uparrow$ c AMP in platelets and elsewhere.

Dazoxiben: Inhibits TX synthetase enzyme. Sulotroban: Inhibits TXA2 receptor. Anagrelide: Reduces platelet production by decreasing megakaryocyte maturation.

Lipid Lowering Agents

Hemostatic Agents

Whole Blood
Fresh Frozen Plasma .
Plasma fractions.
Vitamin K.

Half-Life of Factor **Deficiency State** Hemostatic Levels Infused Factor **Replacement Source** Hypofibrinogenemia 1 g/dL 4 days Cryoprecipitate FFP Prothrombin deficiency Prothrombin complex concentrates (inter-11 30-40% 3 days mediate purity factor IX concentrates) ٧ Factor V deficiency 20% 1 day FFP 4-6 hours FFP VII Factor VII deficiency 30% Prothrombin complex concentrates (intermediate purity factor IX concentrates) Recombinant factor VIIa VIII Hemophilia A 30-50% 12 hours Recombinant factor VIII products 100% for major bleeding Plasma-derived high purity concentrates Cryoprecipitate¹ or trauma Some patients with mild deficiency will respond to DDAVP IX Hemophilia B 24 hours Recombinant factor IX products 30-50% Christmas disease 100% for major bleeding Plasma-derived high purity concentrates or trauma х Stuart-Prower defect 36 hours FFP 25% Prothrombin complex concentrates 3 days FFP XI Hemophilia C 30-50% XII Hageman defect Not required Treatment not necessary von Willebrand von Willebrand disease Approximately Intermediate purity factor VIII concentrates 30% that contain von Willebrand factor 10 hours Some patients respond to DDAVP Cryoprecipitate Nov-21 Munir Gharaibeh, MD, PhD, MHPE 33 XIII FFP Factor XIII deficiency 5% Cryoprecipitate

TABLE 34-3 Therapeutic products for the treatment of coagulation disorders.

Hemostatic Agents

- Absorbable Gelatin Foam
- Absorbable Gelatin Film
- Oxidized Cellulose
- Thrombin

Plasmin Inhibitors

a2 Antiplasmin

Physiological.

Aprotinin:

Bovine parotid gland.

Aminocaproic Acid
Tranexamic Acid