

Lec 5

last lecture was about Reabsorption in PCT... now we will talk about Reabsorption in Loop of Henle (LOH)

- each segment has different characteristics in terms of permeability & transport
- consists of thin descending & ascending, Thick ascending limbs

Thin Descending

- absorbs 15% of water (osmosis) passively due to...

1) higher osmolarity in the interstitium than tubular fluid

2) higher H₂O permeability due to aquaporins (paracellular route)

Thin Ascending

- impermeable to H₂O

- passive transport of NaCl from tubular → interstitial until it reaches equilibrium

Thick Ascending * 2ndry active transport

- large cuboidal cells that use a lot of energy, & have large distribution of Na⁺/K⁺ ATPase, Na⁺ channels, Cl⁻ channels.

- reabsorbs 25% of Na⁺, K⁺, Cl⁻, HCO₃⁻, Ca⁺⁺, Mg⁺⁺ (electrolytes)

↳ leads to hypoosmotic conc. at end of thick limb b/c it is impermeable to H₂O → so water is diluted, so

this segment is called diluting segment

- the luminal side of this limb has multiple channels &

is highly positively charged

→ Sodium chloride potassium channel takes Na , 2Cl^- , K^+ from tubular fluid → into cell

→ Na^+/H^+ exchange channel reabsorbes Na^+ & secretes H^+

→ **transcellular** rout due to Na^+ gradient of Na^+/K^+ ATPase

* when H^+ is secreted, HCO_3^- is reabsorbed

- due to high positive charge of luminal side → it repels

(+) charged ions through **paracellular** rout to be reabsorbed

* the more (+) charge = the more repulsion (Mg^{++} , Ca^{++})

→ this is called **voltage Drag** *

* NaCl reabsorption 50% transcellular, 50% paracellular (by voltage drag)

Clinically

- **furosemide** is called a **loop diuretic** b/c it **blocks**

Na-K-Cl channel → inhibiting reabsorption of them

- the **conc.** of these ions will ↑ in tubular fluid, & b/c water follows the solute, we will have **diuresis** → ↑ in urine fluid volume ... ↓ blood volume, ↓ BP

Early Distal Tubule

- Reabsorbs Na^+ & Cl^- through **Na^+/Cl^-** channel using the Na^+ gradient

- **impermeable to water**

- **Thiazide** blocks these channels → **diuresis**

- this segment is functionally similar to thick ascending limb

- contains macula densa, & also called diluting segment

Late Distal Tubule & Collecting Duct

- paired together due to similar characteristics

- permeability to H_2O is variable & depends on ADH

- water was diluted in earlier segments = low osmolarity of tubular fluid

- If ADH is present, it activates aquaporins \rightarrow high H_2O reabsorption

- so ADH prevents high urine volume, \uparrow extracellular fluid & BP

- divided in 2 parts

Principal Cells

- contain epithelial sodium potassium channels (ENaC) \rightarrow they reabsorb Na^+ but secrete K^+ *

- aldosterone works on principal cells to \uparrow ENaC activity \rightarrow useful in the case of hyperkalemia b/c more K^+ is eliminated

- Amiloride drug acts as a diuretic b/c it blocks ENaC \rightarrow potassium sparing diuretic b/c K^+ will not be secreted, & Na^+ is not reabsorbed \rightarrow diuresis w/out changing K^+ conc. in blood

- Aldosterone antagonist (spironolactone) blocks aldosterone

function → so also a diuretic

Intercalated Cells

- function in acid base balance, mainly secreting H^+ b/c our body makes more acids than bases, & reabsorbs bicarbonate back into blood to neutralize acids in the body
- * prevents acidosis
- has the ability to oppose direction of transport in the case of alkalosis

Notes

- PCT → reabsorbs 65% of Na
- thick ascending → 25% Na
- early distal → 5% Na
- late distal & collecting duct → 2% Na
- .6% of Na^+ excreted
- Conc. of solutes in different parts of tubule depends on reabsorption of solutes compared to water
 - if more H_2O reabsorbed → tubular fluid solute conc. ↑ (creatinine & inulin)
 - if less H_2O reabsorbed → solute conc. ↓ (glucose, AA)

Diuretic type	Channel involved	Present in	Mechanism summary
Loop-acting Ex. Furosemide (Lasix)	Blocks sodium chloride potassium (Na-K-Cl) channel	Thick ascending limb of Henle (PCT)	Inhibits Na^+ reabsorption → water follows solute so H_2O reabs. ↓ = diuresis
Thiazide	Blocks Na^+/Cl^- channel	Early distal tubule	Inhibits Na^+ and Cl^- reabs. → solute remains in tubular fluid → water follows solute = diuresis
Potassium-sparing Ex. Amiloride Triamterene	Blocks epithelial sodium potassium channel (ENaC)	Principal cells in late distal tubules and collecting ducts	Inhibits Na^+ reabs... = diuresis Blocks K^+ secretion into tubular fluid so K^+ is spared from excretion
Aldosterone antagonists Ex. Spironolactone Eplerenone	ENaC Note: aldosterone stimulates ENaC, aldosterone antagonists inhibit aldosterone	Principal cells in late distal tubules and collecting ducts	Aldosterone stimulates ENaC → inc. Na^+ reabs., inc. K^+ secretion into tubular fluid = prevent diuresis. Antagonist inhibits this (does the opposite).
Antidiuretic Hormone (ADH)	Inserts aquaporins into	membranes of late distal tubules and collecting ducts	Inc. H_2O permeability → inc. H_2O reabs. = prevents diuresis

Changes in Concentration of Substances in tubules

- measured as $\frac{\text{tubular fluid conc.}}{\text{Plasma conc.}}$
 - different segments have different conc. percentages
 - loop of henle has poor reabsorption of inulin, urea, creatine, & PAH, so their conc. is high
 - After thin descending part $\rightarrow \uparrow$ conc. of PAH, creatine, urea, inulin, Cl^- , Na^+ , K^+ \rightarrow b/c of passive reabsorption of water
 - at thick ascending $\rightarrow \downarrow$ conc. of Cl^- , Na^+ , K^+ b/c of extensive active reabsorption
 - early distal $\rightarrow \downarrow$ conc. of Na , K^+ , Cl^-
 - Collecting tubule $\rightarrow \uparrow$ solute conc. b/c of H_2O reabsorption from ADH
- * higher water reabsorption = higher conc. of tubular fluid