

Pathology GUS

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Pathology of Lower Female Genital Tract

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Vulvar diseases

NON-NEOPLASTIC (MORE COMMON):

LICHEN SCLEROSUS
LICHEN SIMPLEX CHRONICUS
CONDYLOMAACCUMINATUM

NEOPLASTIC (LESS COMMON):

DYSPLASIA (VIN)
VULVAR CANCER

Pathology of Lower Female Genital Tract

• Vulvar Diseases:

- Include non-neoplastic and neoplastic diseases.
- The neoplastic diseases are much less common.
- Of the neoplastic disorders, <u>squamous</u> cell carcinoma is the most common.

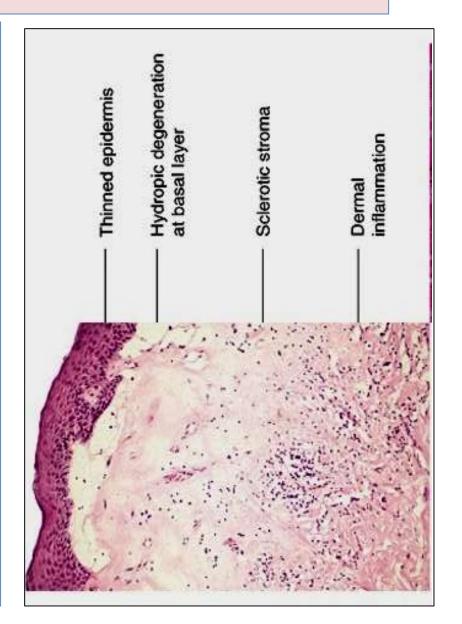
Non-neoplastic Vulvar Diseases

- Lichen sclerosus
- Lichen Simplex Chronicus
- Condyloma accuminatum

We study them because they're the main differential diagnosis when we talk about vulvar lesions (malignant or not)

Lichen sclerosus

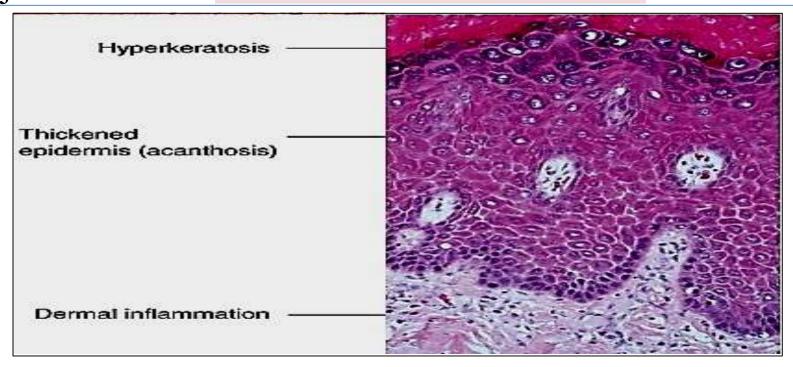
- postmenopausal women.
- white plaques; thinned out skin
- Microscopically: thinning of epidermis, disappearance of rete pegs, hydropic degeneration of basal cells
- pathogenesis: uncertain,
 (?)autoimmune
 Inflammation and degeneration in this area
- is not pre-malignant by itself



Lichen Simplex Chronicus

- end result of many inflammatory conditions
- Clinical term: leukoplakia (whitish plaque) on the vulva
- Under microscope: epithelial thickening, hyperkeratosis, epithelium shows no atypia, underlying dermis shows mild to moderate inflammation.
- no increased predisposition to cancer, however, maybe present at margins of adjacent cancer.

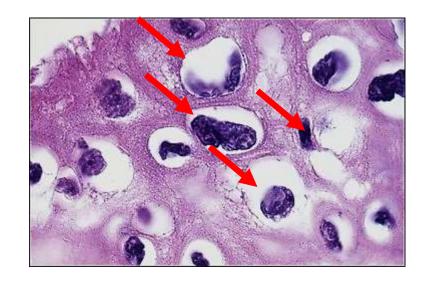
 Again, it's a differential diagnosis



Condylomas

- Anogenital warts (Condyloma acuminatum)
- Infection by HPV (HPV type 6 and HPV type11, mainly) >> low risk HPV.
- Hallmark: koilocytosis (perinuclear cytoplasmic vacuolization + nuclear pleomorphism). >> abnormal shape of the nucleus surrounded by a halo
- What are Koilocytes? Presence of abnormal morphology in the keratinocytes (squamous epithelial cells of the skin) due to an HPV infection.
- HPV types isolated from cancers differ from those found in condylomas.
- Condyloma is <u>not</u> precancerous by itself. Won't lead to cancer & isn't a cancer





Neoplastic Vulvar Diseases

- 1 Vulvar Intraepithelial Neoplasia (VIN)
- 2 Invasive Carcinoma of Vulva:

Types include:

Squamous Cell Carcinoma (most common); adenocarcinomas; melanomas; basal cell carcinomas

HPV & Female Genital Diseases

- A common sexually transmitted infection of genital tract. Of both males & females.
- Many different types of HPV including low risk and high risk types (risk here is for malignancy).
- Low risk HPV → anogenital warts (condylomas)
- High risk types → intraepithelial dysplasia and invasive cancers in all parts of lower female genital tract (vulva; vagina; and cervix) as well as male genital tract.
- Condylomas are similar in all these organs.
- Intraepithelial dysplasia and invasive cancers produced by HPV are similar in pathogenesis and morphology in all these locations.

HPV & Female Genital Diseases

- high-risk HPV types (16, 18, 45, and 31) account for majority of precancerous lesions and invasive anogenital cancers
- peak age of **intraepithelial** neoplasia is about 30 years, whereas invasive cancer is about 45 years (progression to invasion needs 10-15 yr) latency period of 15 years.
- HPV can be detected by molecular methods in nearly all precancerous lesions and invasive anogenital neoplasms.

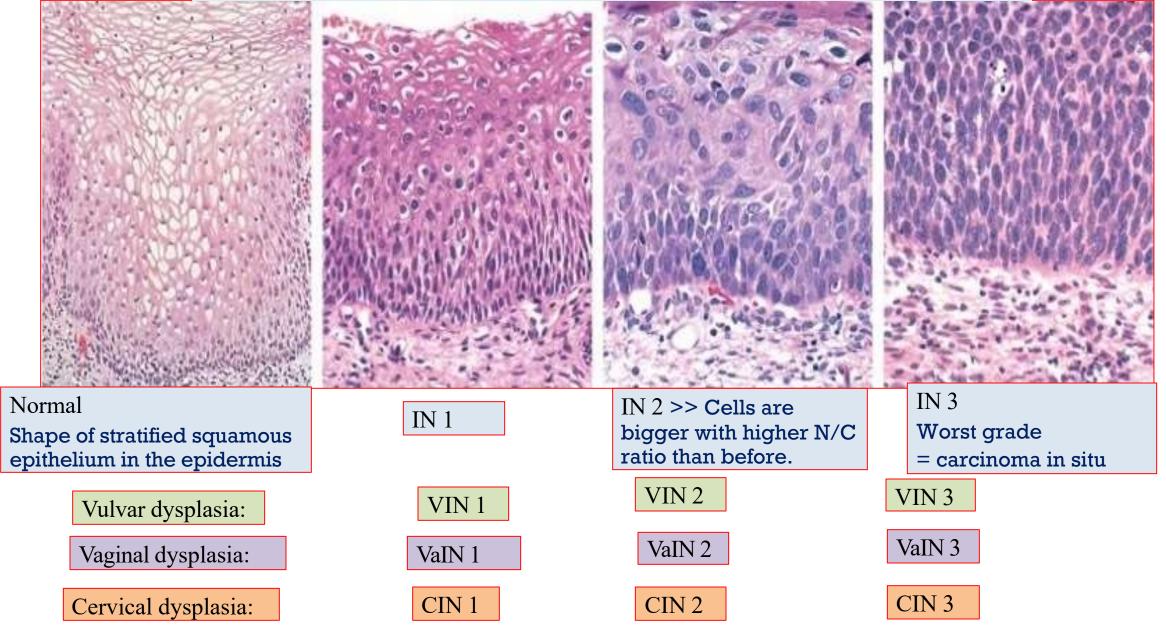
• **High** risk HPV (especially HPV 16 and 18) usually integrate into the host genome and express large amounts of certain viral proteins called **E6** and **E7** proteins, which block or inactivate tumor suppressor genes *p53* and *RB*, respectively. \rightarrow accumulation of **mutations** and DNA damage 'in host cell' eventually leads to **malignancy**

• recently introduced <u>HPV vaccine</u> used in USA and Europe is effective in preventing HPV infections and hence cervical cancers and other anogenital HPV-related cancers.

Intraepithelial Neoplasia (IN)- concepts:

- High risk HPV causes mutations in cells
- Dysplasia is graded depending on extent of epithelial involvement:
- *IN I: Mild dysplasia (<third of full epithelial thickness)
- *IN II: Moderate dysplasia (up to 2/3 of full epithelial thickness)
- *IN III: Severe dysplasia in full epithelial thickness (is equivalent to carcinoma in situ)
- Same concept and similar morphology in all lower genital tract organs.

Dysplasia = increased N/C ratio, nuclear enlargement, hyperchromasia, and abnormal nuclear membranes



High-grade Intraepithelial Neoplasia and Carcinoma of Ano-genital Organs

- high grade IN= IN II or IN III.
- IN III = carcinoma in situ
- may be multiple foci, or it may coexist with an invasive lesion.
- IN may be present for many years before progression to cancer. >> around 15 years latency period.
- ?genetic, immunologic, environmental influences (e.g., cigarette smoking or superinfection with new strains of HPV) determine the course.

Vulvar Squamous cell carcinoma SCC there are two biologic forms:

1- Basaloid or poorly differentiated SCC

- * most common (90%)
- * relatively younger
- **❖** HPV-related
- ❖ HPV lesions also in vagina and cervix.
- Poorly differentiated cells

Responds better to treatment.

2- Well-differentiated SCC

- Less common
- ❖ older women (60-70s).
- **❖ Not** HPV-related
- Maybe found <u>adjacent</u> to lichen simplex or sclerosus
- well to moderately differentiated cells

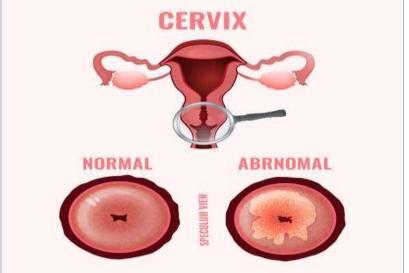
Cervical Diseases

PAP SMEAR TEST >> very important

CERVICAL CANCER

Cervical Carcinoma

- Used to be the most frequent cancer in women
- Papanicolaou (Pap) cervical smear (مسحة عنق الرحم): a screening test for detection of HPV related lesions of the uterine cervix, a highly useful test.
- Cervical cancer incidence dropped (early detection of pre- invasive and early cancer). It helped reduce cervical cancer mortality by 99%.
- It's a swap taken from the transition zone of the cervix (the area connecting ectocervix "squamous epithelium" & endocervix "endocervical glands") where cancer usually occurs.

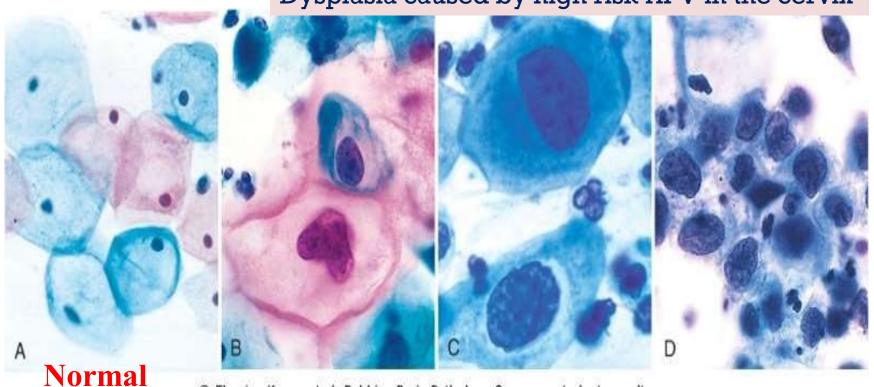




Cervical Pap smear pictures

under the microscope

Dysplasia caused by high risk HPV in the cervix



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CINI

Abnormal, irregular, hyperchromatic nucleus with a high N/C ratio.

CIN II

Larger nucleus and higher n/c ratio, indicating an active DNA and more cell replication.

CIN III

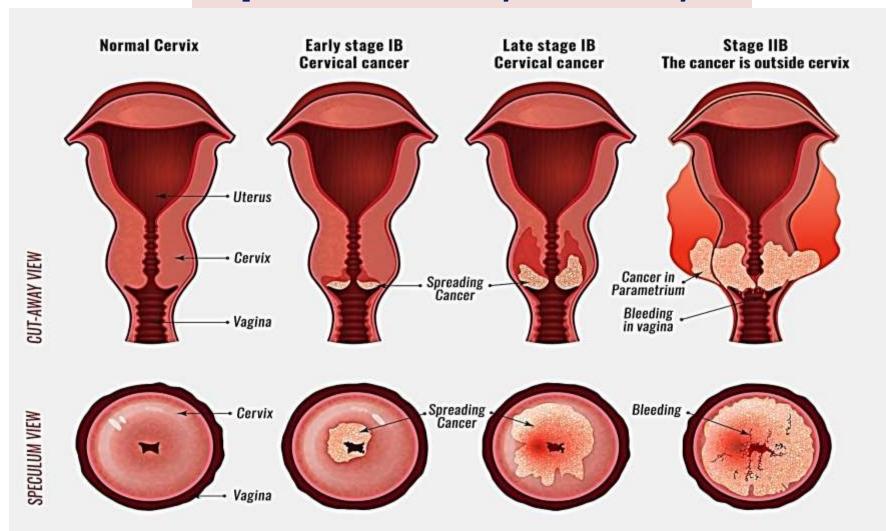
Worse than before >> higher chance to develop malignancy

Cervical Cancer

- Types: most common are SCC (75%), followed by adenocarcinomas and adenosquamous carcinomas (20%), and neuroendocrine carcinomas (<5%).
- SCC now has peak incidence at 45 years, almost 10 to 15 years after detection of their precursors: cervical intraepithelial neoplasia (CIN)

Cervical cancer stage is one of the most important prognostic factors

Helps determine mortality and morbidity.



Clinical Aspects of Cervical Cancers

- CIN: treatment by <u>laser or cone biopsy</u>
- Invasive cancer: surgical excision
- 5-year survival drops with increased stage:
- Pre-invasive (CIN) \rightarrow 100%;
- stage $1 \rightarrow 90\%$;
- stage $2 \rightarrow 82\%$;
- stage $3 \rightarrow 35\%$;
- and stage $4 \rightarrow 10\%$.
- Radiotherapy and Chemotherapy in advanced cases

QUESTION

If a PAP smear result for a patient was CIN 1, what do we do?

- We only remove a part of the cervix by "cone excision".
- Laser therapy is also a method used nowadays

If it's a worse condition –invasive cancer-, how do we treat it?

- By surgery, removal of the uterus with the cervix "radical hysterectomy", and chemotherapy in advanced cases.

The stage is very important in determining survival rate, the earlier the detection the better.