

# **Antifungal drugs**

## CLASSIFICATION OF ANTIFUNGAL DRUGS

### Drugs for systemic fungal infections

#### *Polyene antibiotics*

-Amphotericin B

#### *Pyrimidine antimetabolites*

-Flucytosine

#### *Antifungal azoles*

-Ketoconazole

-Fluconazole

-Itraconazole

#### **Echinocandins**

Caspofungin, micafungin, and anidulafungin

### Drugs for superficial fungal infections

#### *Systemic drugs*

-Griseofulvin

-Iodide

#### *Topical drugs*

-Nystatin

-Haloprogin

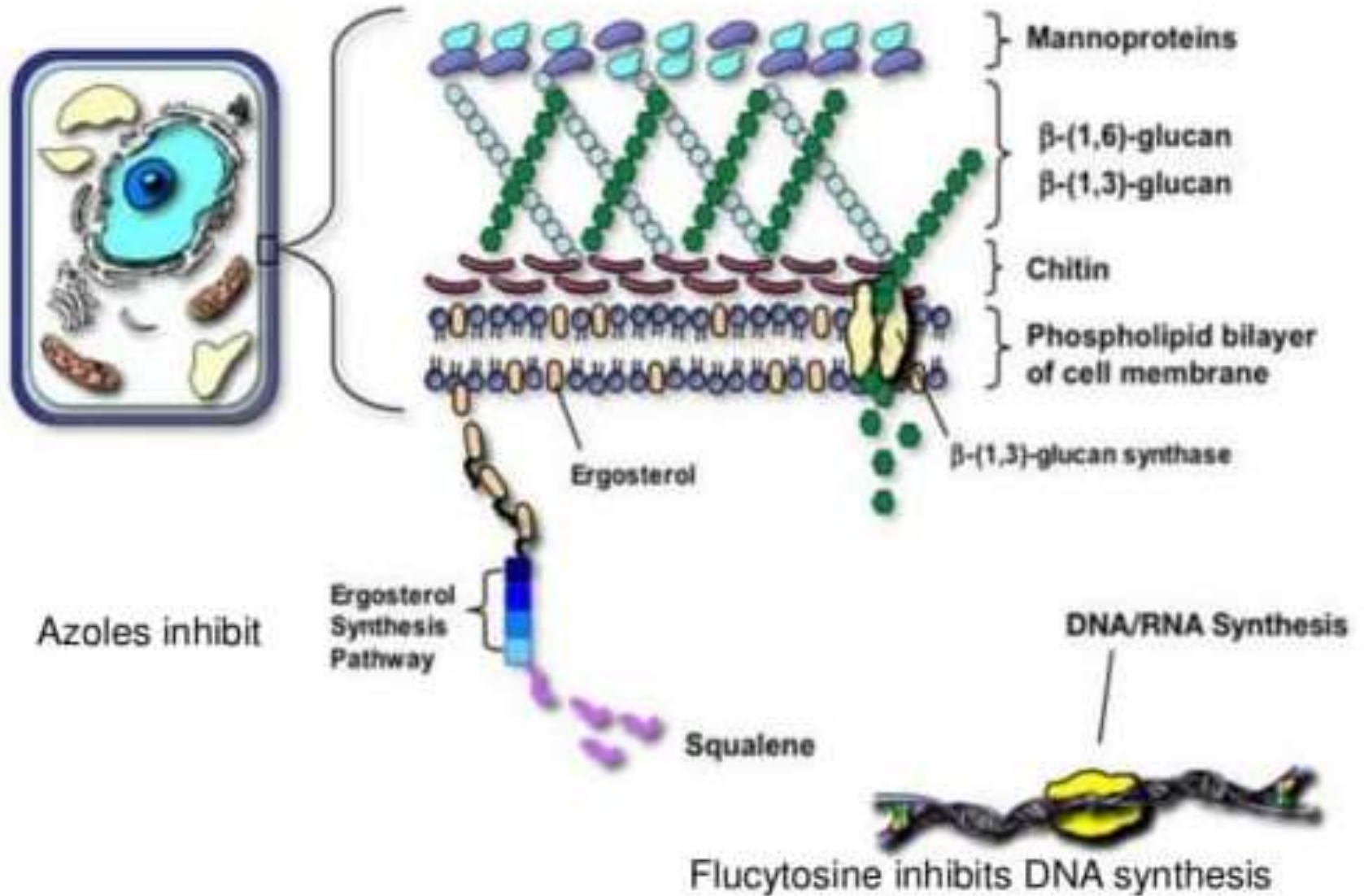
-Tolnaftate

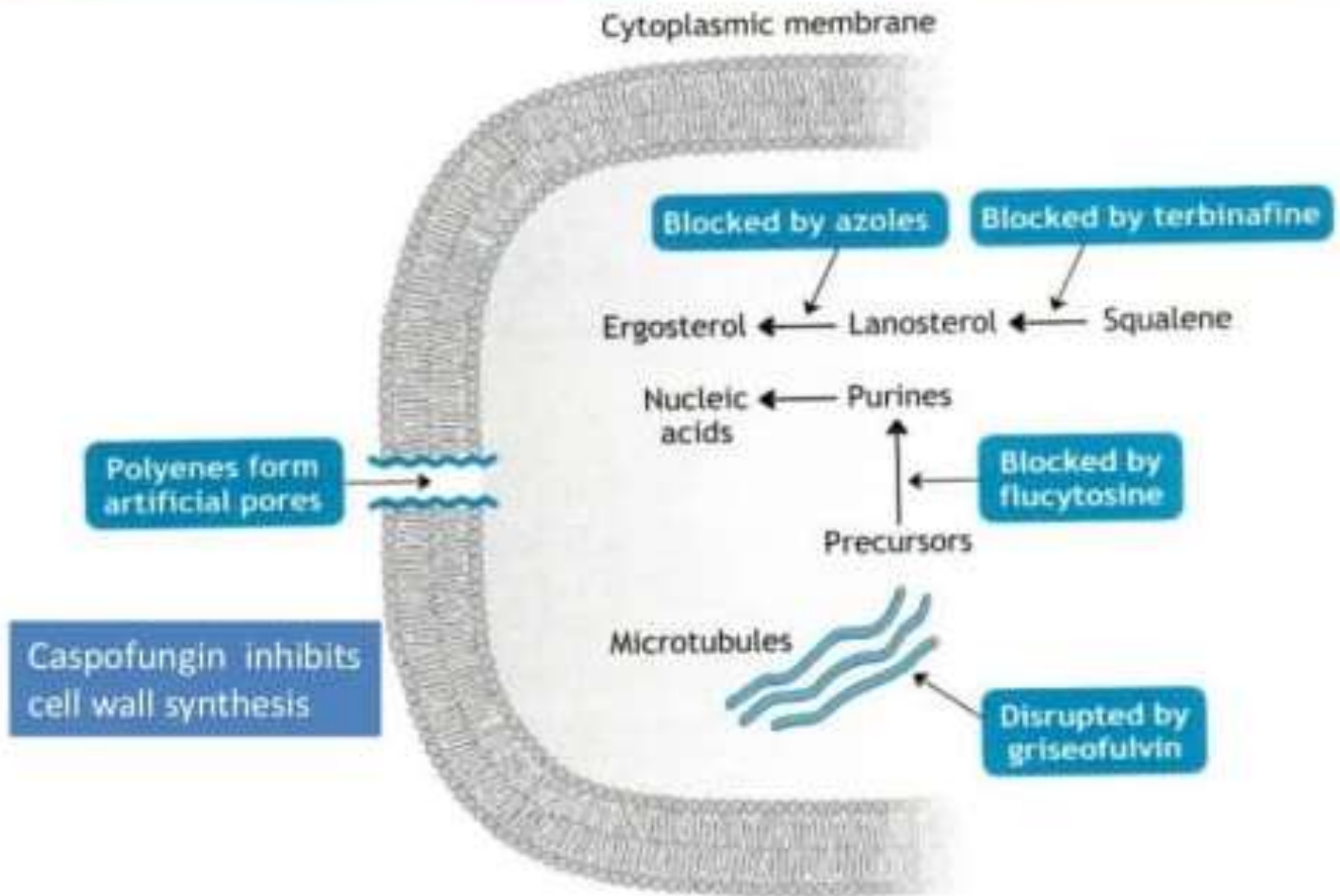
-Azoles (miconazole, econazole, clotrimazole, etc.)

Polyenes (Disrupt membrane structure & function)

Fungal cell

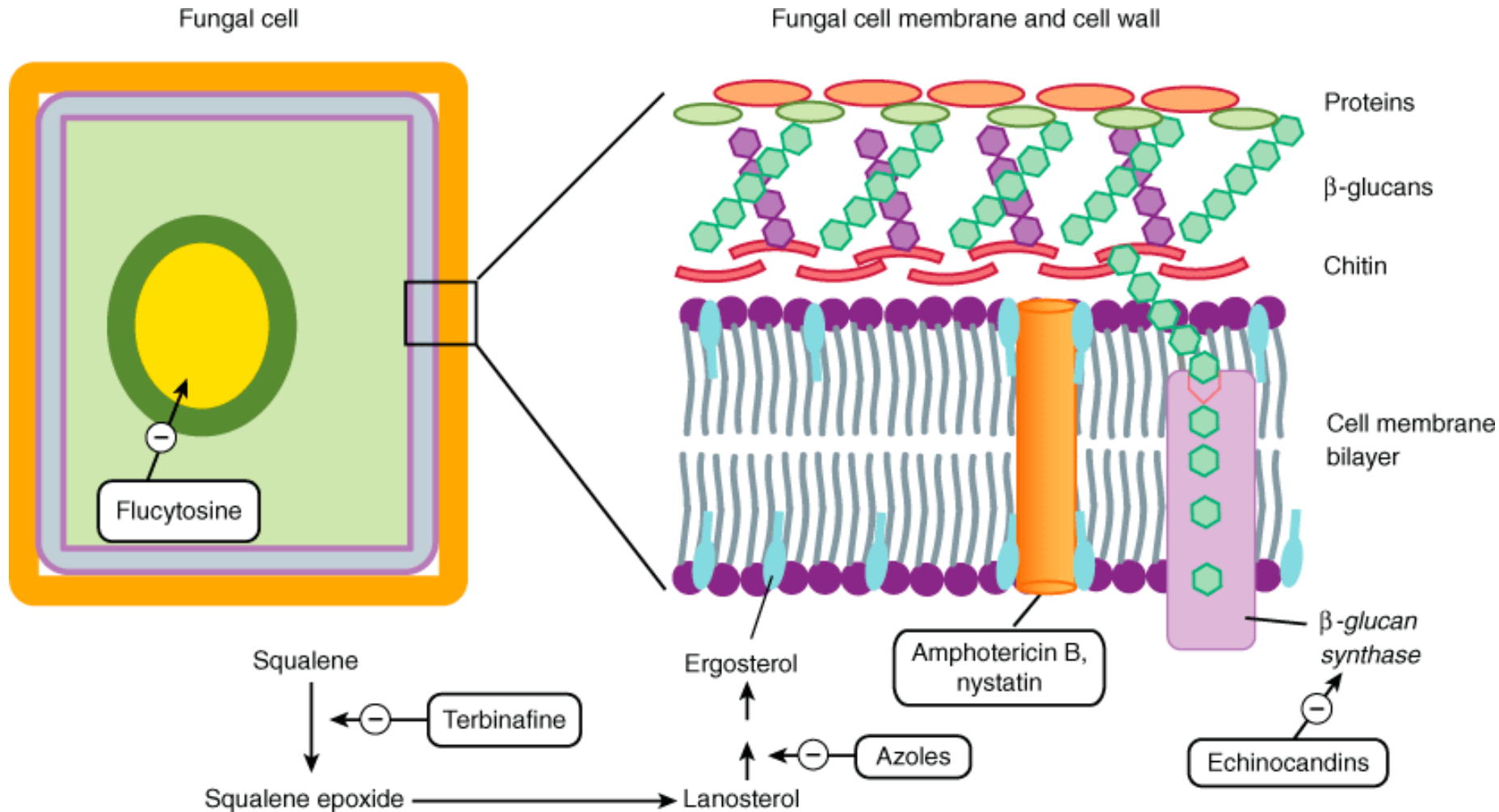
Cell membrane and cell wall





**Figure 8-1.** Sites of action of some antifungal drugs. The cell cytoplasmic membrane shown is that of a typical fungus. Because ergosterol is not a component of mammalian membranes, significant selective toxicity is achieved with azole drugs.

# Targets of antifungal drugs



Source: Katzung BG, Masters SB, Trevor AJ: *Basic & Clinical Pharmacology*, 11th Edition: <http://www.accessmedicine.com>

Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

# Classification based on mechanism of action

1. Fungal cell wall synthesis inhibition: **Caspofungin**.
2. Bind to fungal cell membrane ergosterol: **Amphotericin-B, Nystatin**.
3. Inhibition of ergosterol + lanosterol synthesis: **Terbinafine, Naftifine, Butenafine**.
4. Inhibition of ergosterol synthesis: **Azoles**
5. Inhibition of nucleic acid synthesis: **5-Flucytosine**.
6. Disruption of mitotic spindle and inhibition of fungal mitosis: **Griseofulvin**.
7. Miscellaneous:
  - **Ciclopirox, Tolnaftate, Haloprogin, Undecylenic acid, Topical azoles**.

# PHARMACOLOGY OF AMPHOTERICIN B

## Chemistry

-**Amphotericin B** is a polyene antibiotic (polyene: containing many double bonds)

## Mechanism of action

-Binding to ergosterol present in the membranes of fungal cells

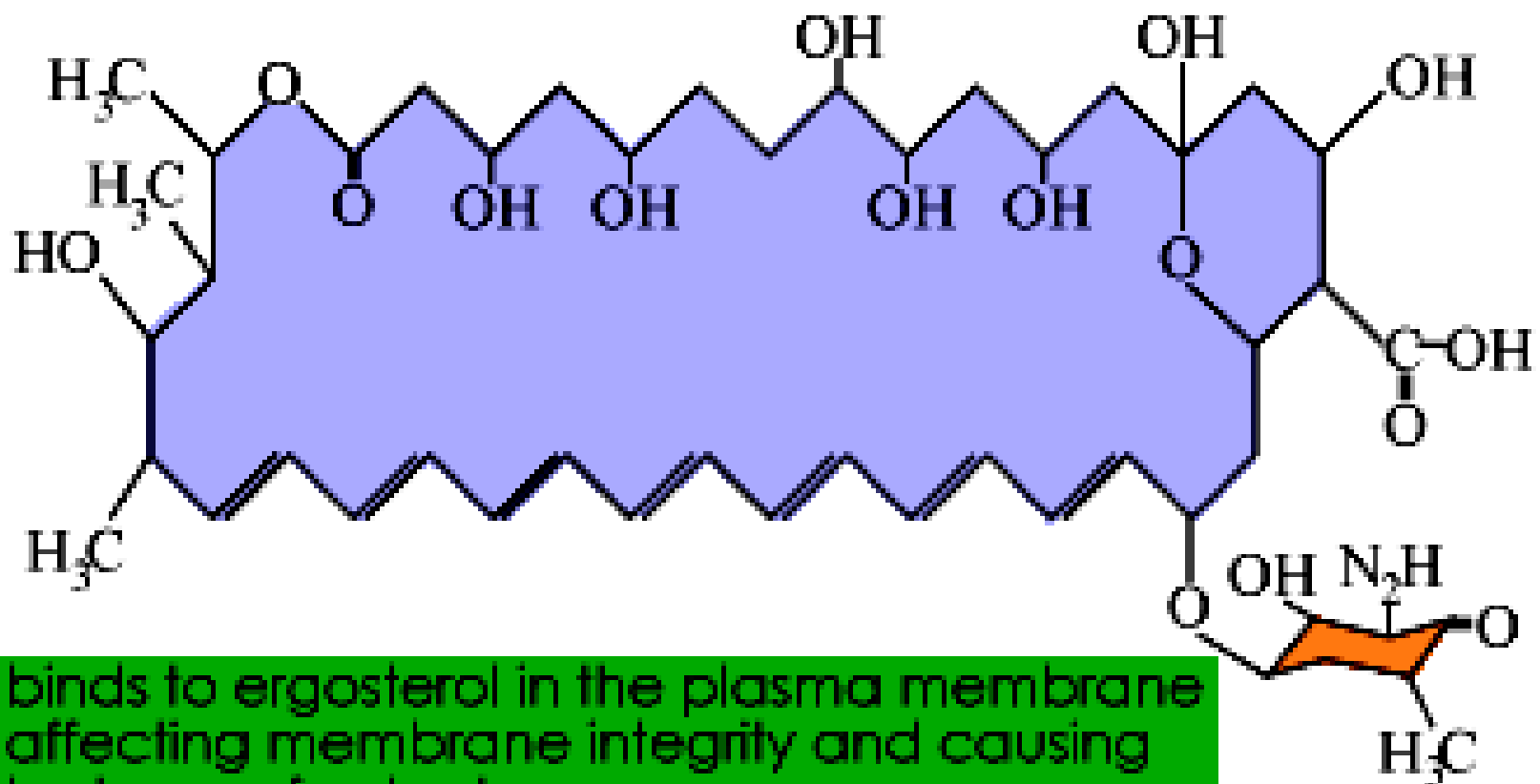


Formation of “pores” in the membrane



Leaking of small molecules (mainly K<sup>+</sup>) from the cells

-The ultimate effect may be *fungicidal* or *fungistatic* depending on the organism and on drug concentration.

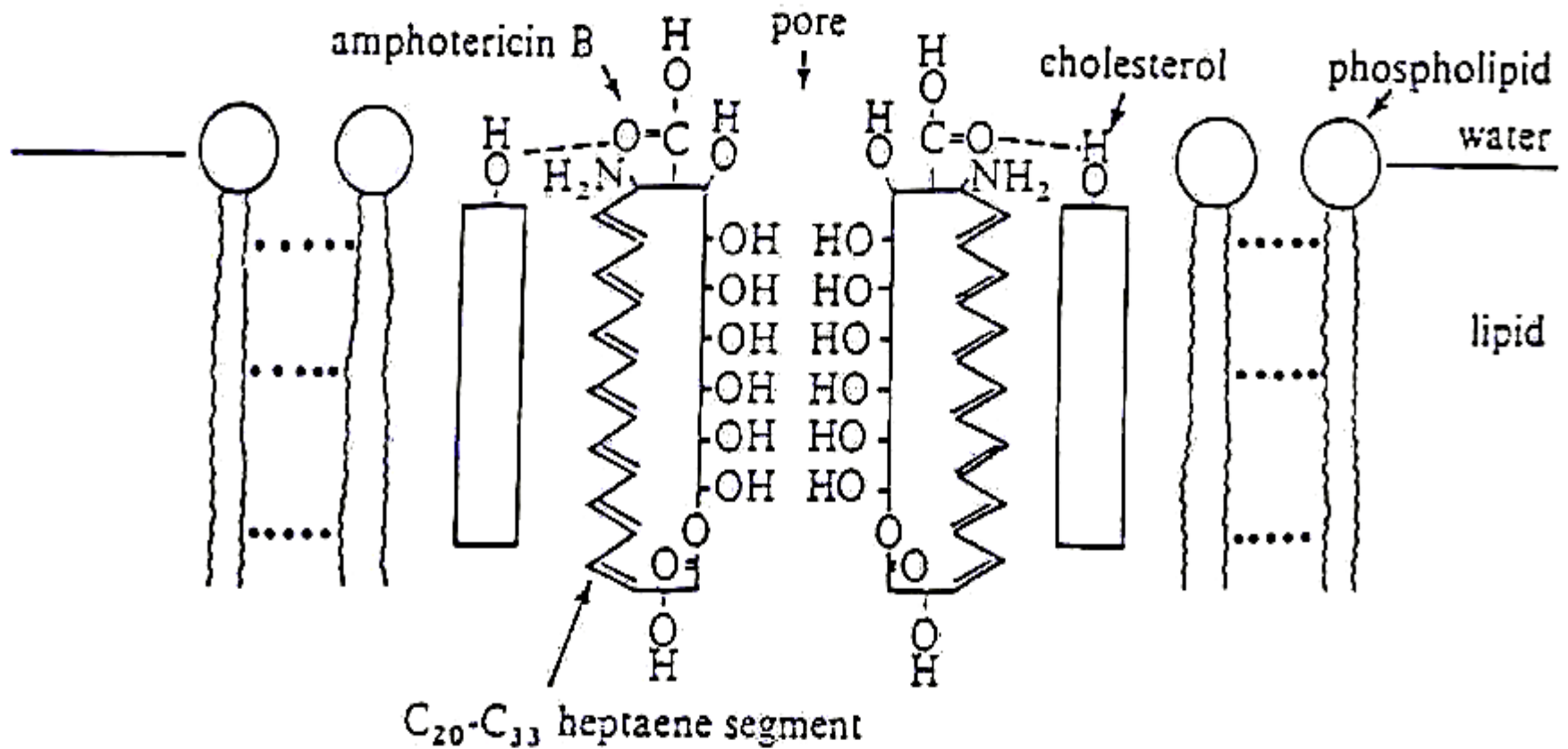


binds to ergosterol in the plasma membrane affecting membrane integrity and causing leakage of cytoplasm

Amphotericin B



# Model for Amphotericin B induced Pore in Cell Membrane



# Antifungal spectrum and resistance

-Antifungal spectrum includes:

- *Histoplasma capsulatus*
- *Coccidioides immitis*
- *Paracoccidioides braziliensis*
- *Aspergillus fumigatus*
- *Blastomyces dermatitidis*
- *Cryptococcus neoformans*
- *Candida albicans*
- *Sporothrix schenckii*
- *Mucor and Rhizopus spp*
- Resistance may occur but is very rare

# Pharmacokinetics

- F(oral): < 1% (too irritant to be given IM)
- Distribution in all body tissues, except CNS and eye (concentrations in CSF are <10% than in plasma; however therapeutic concentrations in CNS can usually be achieved with parenteral administration)
- Biotransformation: > 95%
- Renal excretion: < 5%
- Half life: » 14 days

## Drug formulations and administration

- Formulations:
  - a) complex with deoxycholate
  - b) liposomal complex (adverse effects seem diminished)
- Administration:

IV infusion, intrathecal, topical, oral (to treat intestinal mycoses)

## Adverse effects

*(the therapeutic index of the drug is very narrow)*

- Headache, arthralgias, nausea and vomiting fever and chills, hyperpnea, shock-like fall in blood pressure (they may appear during IV infusion and may be reduced by concomitant administration of antipyretics or meperidine)
- Malaise, weight loss
- Nephrotoxicity (azotemia , decreased GFR, renal tubular acidosis, renal wasting of  $K^+$  and  $Mg^{++}$ ,). It is common (up to 80% of patients) and may be severe
- Normocytic anemia, likely due to decreased production of erythropoietin (frequent)
- Thrombophlebitis
- Delirium, seizures (after intrathecal injection)

## Therapeutic uses

*Amphotericin is the drug of choice for:*

- Disseminated histoplasmosis
- Disseminated and meningeal coccidioidomycosis
- Disseminated and meningeal cryptococcosis
- Invasive aspergillosis
- Deep candidiasis
- Mucormycosis

*Amphotericin is an alternative drug for:*

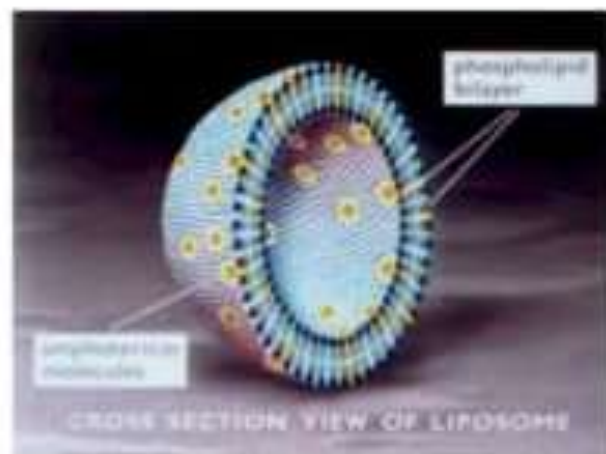
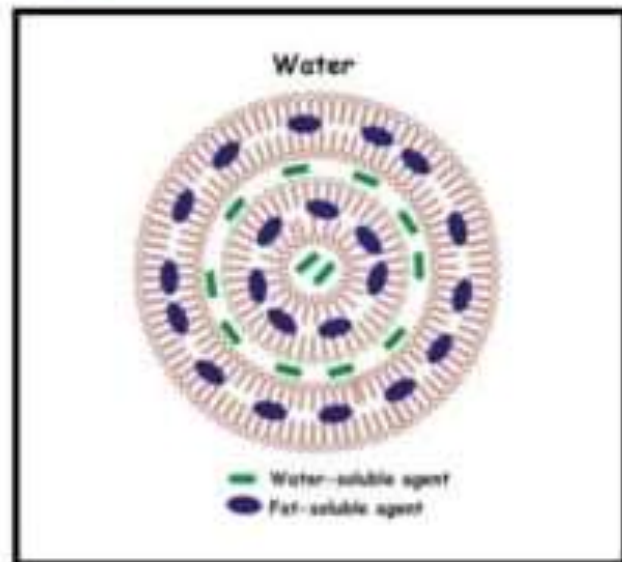
- Blastomycosis
- Paracoccidioidomycosis
- Extracutaneous sporotrichosis

[Amphotericin is preferred when these mycoses are rapidly progressive, occur in immunocompromised host or involve the CNS]

# The 'LIPOSOME'..

•Liposomal AMB (Small unilamellar vesicles) :  
10% AMB  
incorporated in  
SUV made up of  
lecithin

Lipid formulations:  
20-50 times more  
expensive than  
AmB-deoxycholate



# PHARMACOLOGY OF FLUCYTOSINE

## Chemistry

-Flucytosine is a fluorinated pyrimidine

## Mechanism of action

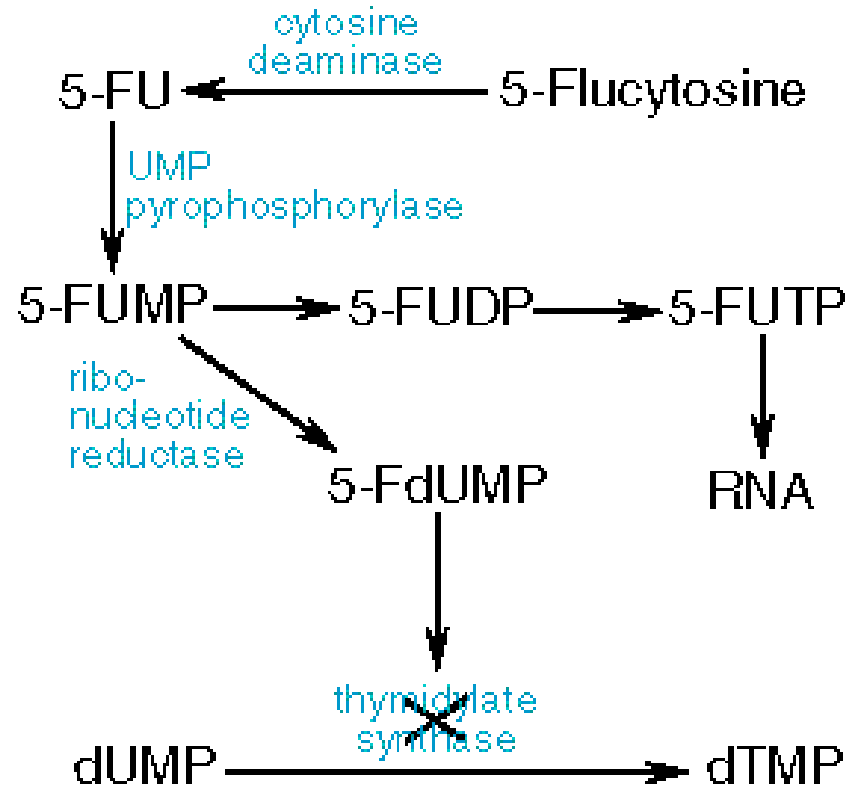
-The drug is accumulated in fungal cells by the action of a *membrane permease* and is converted by a *cytosine deaminase* to 5-fluorouracil (selectivity occurs because mammalian cells do not accumulate and do not deaminate flucytosine)



5-fluorouracil is metabolized to 5-fluorouridylic acid which can be

- a) incorporated into the RNA (this leads to a *misreading of the fungal genetic code*)
- b) further metabolized to 5-deoxyfluorouridylic acid, a potent inhibitor of thymidylate synthase (this leads to a *blockade of fungal DNA synthesis*)

-The ultimate effect may be *fungicidal* or *fungistatic* depending on the organism and on drug concentration.



### ***Action of flucytosine in fungi.***

5-Flucytosine is transported into the fungal cell, where it is deaminated to 5-fluorouracil (5-FU). The 5-FU is then converted to 5-fluorouracil-ribose monophosphate (5-FUMP) and then is either converted to 5-FUTP and incorporated into RNA or converted by ribonucleotide reductase to 5-FdUMP, which is a potent inhibitor of thymidylate synthase.



## **Antifungal spectrum and resistance**

- Antifungal spectrum includes *Cryptococcus neoformans*, *Candida albicans*, *Aspergillus fumigatus*, and several soil fungi which cause chromomycosis.
- Resistance may arise rapidly during therapy and is an important cause of therapeutic failure when the drug is used alone.

## **Pharmacokinetics and administration**

- F(oral): > 80%
- Distribution in all body tissues, including CNS and the eye.
- Volume of distribution: » 42 L
- Renal excretion: » 99%
- Half-life: » 4 hours (in renal failure, half-life may be as long as 200 hours)
- Administration: oral, IV

## **Adverse effects**

*(toxicity is generally not pronounced)*

- Anorexia, nausea and vomiting, diarrhea
- Severe ulcerative enterocolitis (rare)
- Skin rashes
- Headache, dizziness, confusion
- Reversible bone marrow depression (8-13%)(leukopenia, thrombocytopenia)
- Liver dysfunction (5-10%)
- Alopecia, peripheral neuritis (rare)

[toxicity may be due to the conversion of flucytosine to 5-fluorouracil by the intestinal flora of the host]

## **Therapeutic uses**

- Deep candida infections, cryptococcal meningitidis (always in combination with amphotericin B)
- Chromomycosis (effectiveness is limited)

## **Contraindications**

- Pregnancy ( 5-fluorouracil is teratogenic)

# PHARMACOLOGY OF ANTIFUNGAL AZOLES

## Chemistry

- Imidazole derivatives: **ketoconazole**, miconazole, econazole, clotrimazole
- Triazole derivatives: **itraconazole, fluconazole.**

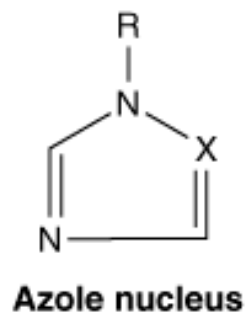
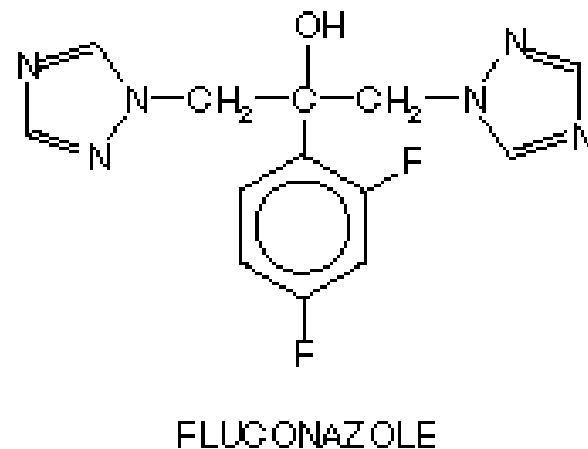
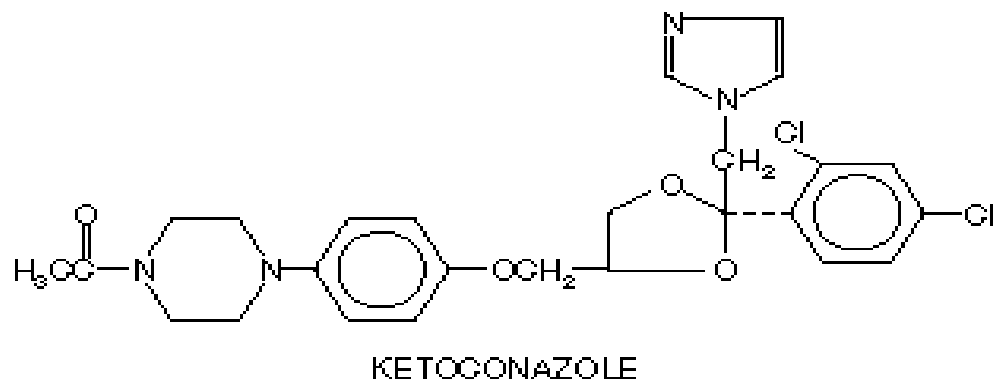
## Mechanism of action

- Inhibition of sterol 14-alpha-demethylase, a cytochrome P450-dependent enzyme (relative selectivity occurs because the affinity for mammalian P450 isozymes is less than that for the fungal isozyme)

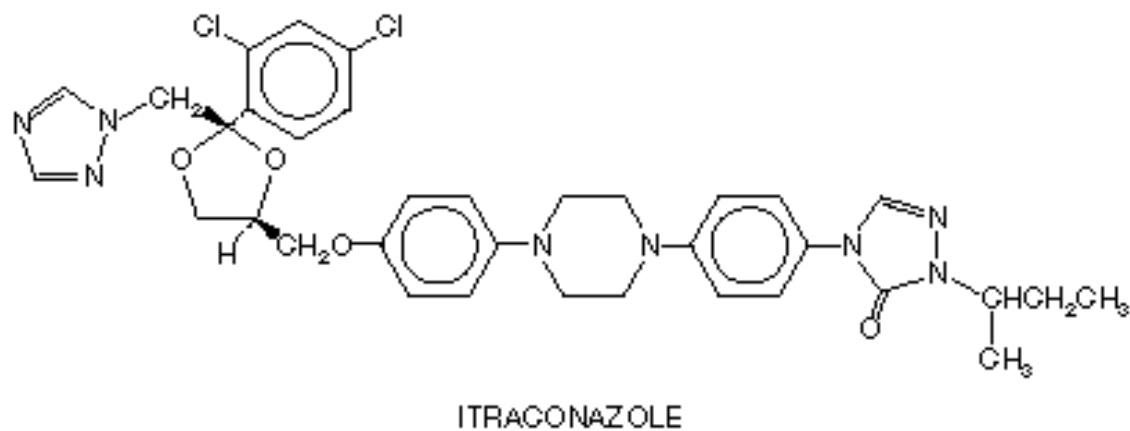


*blockade of the synthesis of ergosterol in fungal cell membranes*

- The ultimate effect may be *fungicidal* or *fungistatic* depending on the organism and on drug concentration.



X = C, imidazole  
X = N, triazole



## **Antifungal spectrum and resistance**

-Antifungal spectrum includes:

*Histoplasma capsulatus*, *Coccidioides immitis*

*Paracoccidioides braziliensis*, *Aspergillus fumigatus*

*Blastomyces dermatitidis*, *Cryptococcus neoformans*

*Candida albicans*, *Sporothrix schenckii*

*Dermatophytes* (*Microsporum*, *Epidermophyton*, *Trichophyton*,  
*Malassezia furfur*)

-Resistance can occur but is rare.

-Cross-resistance between azoles is a common finding.

## **Other effects**

-Azoles may inhibit certain mammalian cytochrome P450 isozymes and therefore they may

- 1) inhibit the synthesis of androgens and of corticosteroids
- 2) potentiate the effects of several drugs including cyclosporine, phenytoin, terfenadine, astemizole, tolbutamide and warfarin.

## Pharmacologic properties of five systemic azole drugs

	<b>Water Solubility</b>	<b>Absorption</b>	<b>CSF: Serum Concentration Ratio</b>	<b><math>t_{1/2}</math> (Hours)</b>	<b>Elimination</b>	<b>Formulations</b>
Ketoconazole	Low	Variable	< 0.1	7–10	Hepatic	Oral
Itraconazole	Low	Variable	< 0.01	24–42	Hepatic	Oral, IV
Fluconazole	High	High	> 0.7	22–31	Renal	Oral, IV
Voriconazole	High	High	...	6	Hepatic	Oral, IV
Posaconazole	Low	High	...	25	Hepatic	Oral

## Pharmacokinetics and administration

- F(oral): itraconazole » 55%, fluconazole >90%.  
(acidity favors oral absorption of ketoconazole)
- Distribution in all body tissues. Penetration into CNS is generally negligible, *but good for fluconazole*.
- Renal excretion: fluconazole » 75%, others < 1%
- Half-lives (hrs): ketoconazole » 8, itraconazole » 35
- Administration: oral, IV, topical

## Adverse effects

- Anorexia, nausea and vomiting (they are dose-dependent and patients receiving high doses may require antiemetics)
- Gynecomastia, decreased libido, impotence, menstrual irregularities  
(with ketoconazole, due to blockade of adrenal steroid synthesis)
- Hepatitis (is rare, but can be fatal)
- Hypokalemia, hypertension (itraconazole)
- Azoles are potent teratogenic drugs in animals

## **Therapeutic uses**

### *Azoles are first choice drugs for:*

- Blastomycosis (ketoconazole)
- Paracoccidioidomycosis (ketoconazole)
- Chronic pulmonary histoplasmosis
- Meningeal coccidioidomycosis (fluconazole)
- Meningeal cryptococcosis (fluconazole)
- Cutaneous and deep candidiasis

### *Azoles are alternative drug for:*

- Invasive aspergillosis
- Sporotrichosis

### *Topical azoles are used for:*

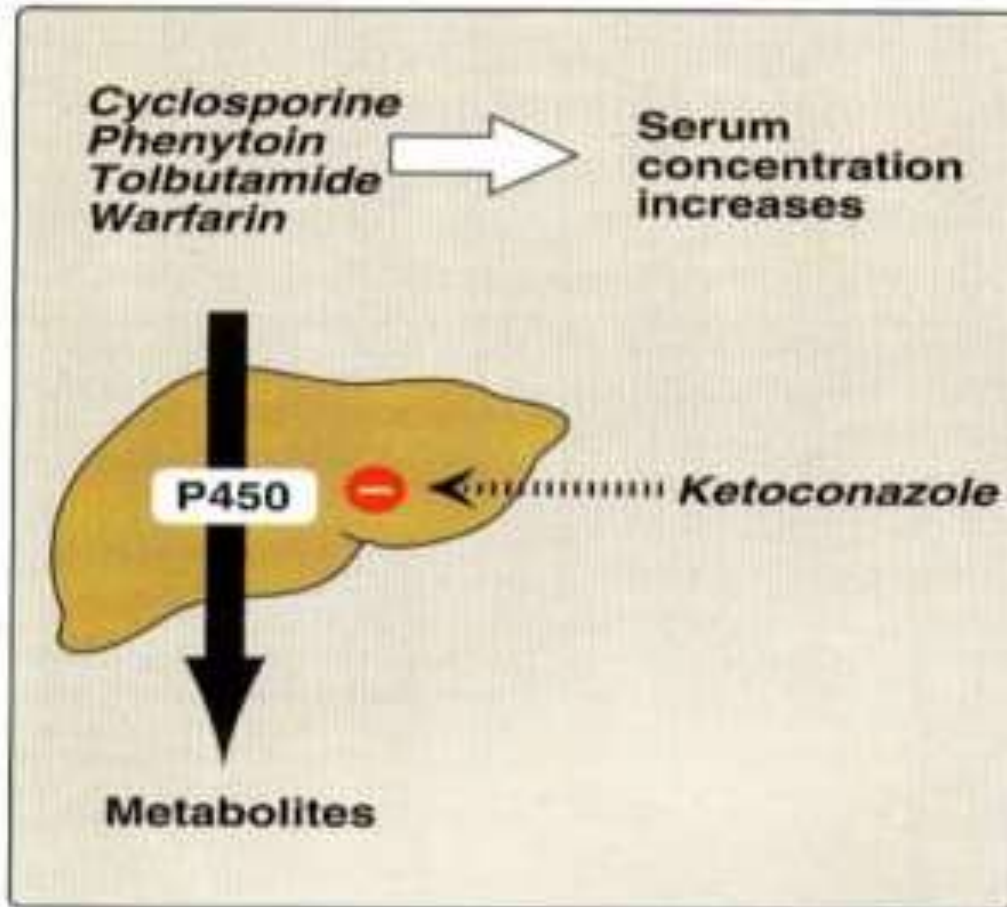
- Dermatophytoses (not of hair and nails)
- Tinea versicolor
- Mucocutaneous candidiasis

## **Contraindications**

- Systemic azoles are contraindicated in pregnancy (potential teratogenic effects and endocrine toxicity for the fetus)



# Drug Interactions



# PHARMACOLOGY OF GRISEOFULVIN

## Chemistry

- Griseofulvin is a benzofuran derivative
- The drug is practically insoluble in water

## Mechanism of action

- An active transport accumulates the drug in sensitive fungal cells where



griseofulvin causes disruption of the mitotic spindle by interacting with polymerized microtubules

- The ultimate effect is *fungistatic*

## Antifungal spectrum and resistance

- Antifungal spectrum includes only *Dermatophytes* (*Microsporum*, *Epidermophyton*, *Trichophyton*)
- The drug is ineffective against other fungi producing superficial lesions (like *Candida* and *Malassezia furfur*) and those producing deep mycoses.
- Resistance is uncommon. It seems to be due to a decrease of the energy-dependent transport mechanism.

# Echinocandins

- Newest class of antifungal agents
- Intravenous
- inhibiting the synthesis of (1–3)-glucan
- Well tolerated
- **Caspofungin**
- **Micafungin**
- **Anidulafungin**

## **Pharmacokinetics and administration**

- F(oral): » 50% (micronization of the drug and a high-fat food favor oral absorption)
- Distribution is *mainly in keratinized tissues where the drug is tightly bound* and where it can be detected 4-8 hours after oral administration. Concentration in other tissues and body fluids is negligible.
- Elimination: mainly in the feces.
- Half-life (hrs): » 24 hours
- Administration: oral

## **Adverse effects**

*(incidence is quite low)*

- Xerostomia, nausea and vomiting, diarrhea
- Headache (up to 15%), fatigue, blurred vision, vertigo, increased effects of alcohol
- Hepatotoxicity (rare)
- Leukopenia, neutropenia
- Allergic reactions (urticaria, skin rashes, serum sickness, angioedema)
- Teratogenic effects in several animal species

## **Therapeutic uses**

- Mycotic disease of the skin, hair and nails (long treatments are needed)

## TOPICAL ANTIFUNGAL DRUGS

### **Nystatin**

- A polyene antibiotic useful only for local candidiasis.
- Administration: cutaneous, vaginal, oral.

### **Haloprogin**

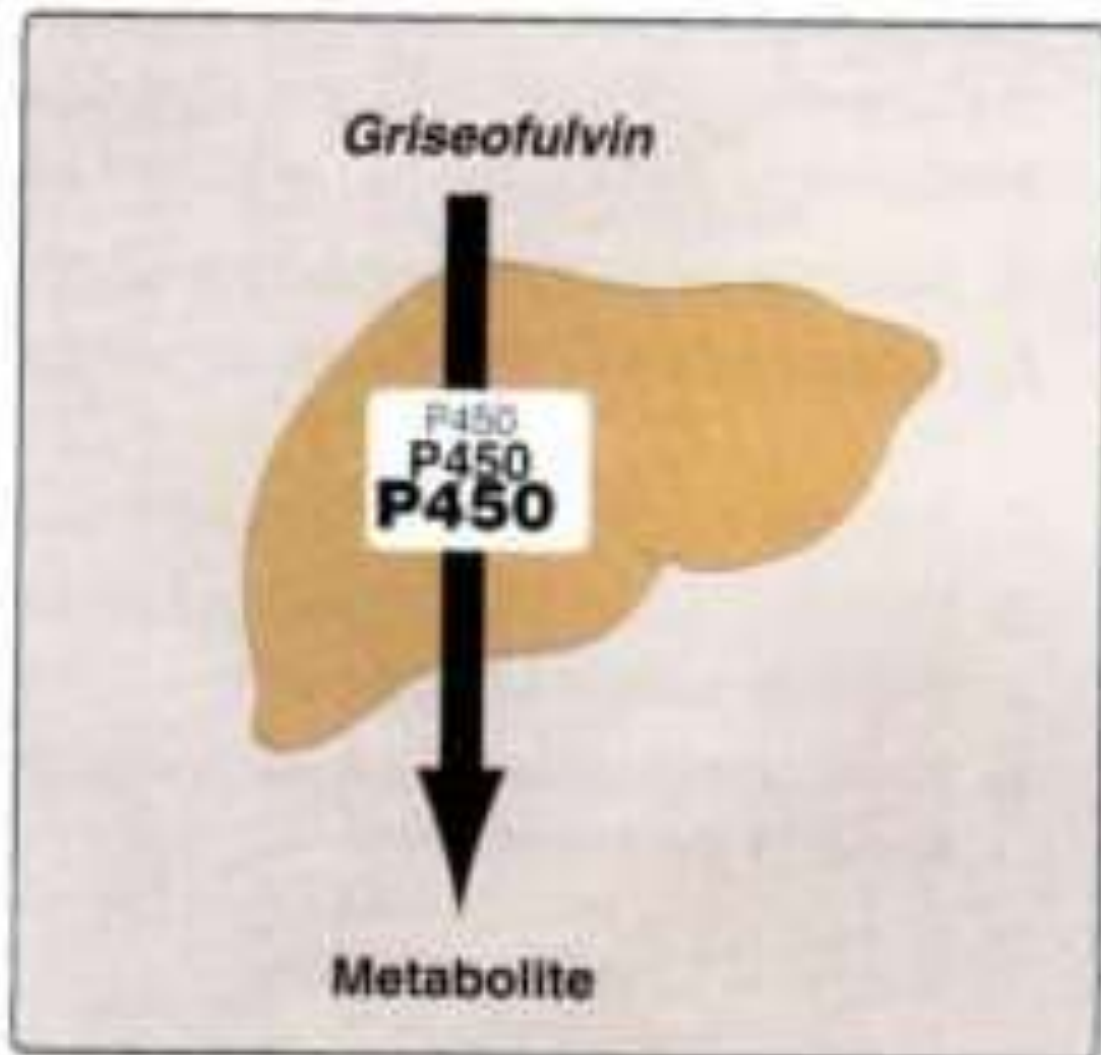
- The drug is fungicidal to various species of dermatophytes and candida.
- Principal use: in tinea pedis (cure rate » 80% )

### **Tolnaftate**

- The drug is effective against most dermatophytes and *Malassezia furfur* but not against *Candida*
- In tinea pedis the cure rate is » 80%

### **Antifungal azoles**

- Azoles are reported to cure dermatophyte infections in 60-100% of cases
- The cure rate of mucocutaneous candidiasis is > 80% and that of tinea versicolor > 90%.
- Administration: cutaneous, vaginal.
- Cutaneous application rarely causes erythema, edema, vesiculation, desquamation and urticaria
- Vaginal application may cause mild burning sensation and abdominal pain.



**Figure 35.16**

Induction of hepatic cytochrome P450 activity by griseofulvin.